Whether you're recovering from surgery, illness, injury, or a hospital stay, Highland Oaks provides comprehensive rehabilitation designed to restore strength, mobility, confidence, and independence.

Our experienced rehabilitation team combines personalized care, advanced technology, and evidence-based treatment to deliver exceptional outcomes, helping patients return home stronger and ready for what's next.

- Inpatient & Outpatient Therapy
- State-of-the-Art Therapy Gym
- Personalized Care
- Exceptional Outcomes





Take the next step towards your recovery!

(740) 962-3761

Call us to learn more or schedule an outpatient therapy evaluation.

4114 Highway 376
McConnelsville, Ohio 43756

Tel: 740-962-3761
Fax: 740-212-8366

highlandoakshc.com

Accepting Medicaid, Medicare & most insurances.

Highland Oaks is a VA-approved provider for eligible Veterans, offering skilled nursing, rehabilitation, and therapy services

HIGHLAND OAKS
HEALTH CENTER

Designed for **RECOVERY** Built for **RESULTS**

Experience a NEW STANDARD IN REHABILITATION at Highland Oaks



Every RECOVERY JOURNEY IS UNIQUE

That's why our licensed rehabilitation professionals develop individualized treatment plans tailored to each patient's goals and abilities.

Whether you're receiving inpatient rehabilitation or continuing your recovery through outpatient therapy, our team is committed to helping you achieve your highest level of function and independence.

- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Respiratory Therapy
- Orthopedic Rehabilitation
- Post-Surgical Rehabilitation
- Stroke Recovery
- Balance & Fall Prevention
- Strength & Mobility Training
- Pain Management





Our new, cutting-edge REHAB GYM

offers a modern and motivating setting furnished with the latest technology and equipment, including:

- NuStep® Recumbent Trainer
- SciFit® Therapy Bike
- Parallel Bars
- Therapeutic Stair Training
- Hi-Low Treatment Table

To help patients build strength, improve mobility & move confidently toward their recovery goals,
our therapy team also utilizes a wide range of specialized tools, including cuff weights, weighted bars, fine motor equipment, Pilates balls, mini trampolines, theraputty, electrical stimulation and ultrasound therapy.

Continue Your Recovery with OUTPATIENT THERAPY

Highland Oaks now offers **Outpatient Therapy** Monday through Friday, allowing patients to continue making progress with the same trusted rehabilitation team in a convenient outpatient setting

Outpatient therapy is ideal for individuals recovering from:

- Joint Replacement Surgery
- Stroke
- Orthopedic Injuries & Fractures
- General Weakness or Deconditioning
- Balance Disorders
- Neurological Conditions
- Chronic Pain
- Respiratory Illness or Reduced Endurance



Recovery doesn't stop at discharge.

Weekend evaluations are also available to help patients begin their therapy journey without delay.